

Title	Creative building
Duration	1 hour
Nr of participants	Around 15
Logistics (space, materials...)	<u>Materials</u> : clay.
Objectives	To develop creative skills and abilities, experiment working with clay, having fun.
Preparation	The facilitator will prepare a covered table to work with the clay in.
Description	<ol style="list-style-type: none"> 1. The facilitator will give each participant a piece of clay to work with. 2. The facilitator, first, will ask the participants to build something easy so that they start exploring the material and getting used to it. <i>For example, a house.</i> 3. Each participant will create their own house, and once everyone's ready, they will present their creation to the rest. <i>'My house has 2 windows and a door', 'It has a very big kitchen', etc.</i> 4. The facilitator will now ask the participants to build themselves in clay. The creation can be abstract, realistic, metaphorical... they can represent themselves with objects, animals, actions... It's the participant's choice. 5. Once every participant has created themselves in clay, they will present what they built. During the presentation, the participants will also be asked to tell some facts about themselves that the rest of participants don't know: <i>'I added a microphone to my creation because I really like singing'.</i>
Guidelines for the facilitator	<p>During the presentation of the creations, the facilitator should encourage the participants to talk more through questions.</p> <p>It is very important that the facilitator explains that the result, the final creation, is not as important as the process or the idea behind it.</p>