

Title	Guess the Leader
Duration	15-20 minutes
Nr of participants	5+
Objectives	presence, communication, focus, corporal expression, observation
Description	<p>A volunteer (A) is selected and taken outside.</p> <p>While volunteer A is away from the group, the rest nominate a leader. The leader strikes a moving/changing pose and the group's aim is to imitate the leader's actions exactly in the same way.</p> <p>When this is done and the group is actively following the leader, volunteer A can come back to the group and stand in the middle of the circle to observe the subtle changes.</p> <p>Volunteer A's objective is to guess who the nominated leader is by observing the movements happening in front of them. They can have three guesses.</p> <p>If they are successful, volunteer A wins that round and they go back to the circle. A new volunteer and a new leader are nominated.</p>
Variations	Participants can be sitting down for this activity.
Guidelines for the facilitator	The group could discuss what leadership is, how it feels to be a leader, how it feels to be led and what are the signs that could indicate that someone is the leader.
Summary	The aim of this activity is to improve the observation skills, and to create a collaborative space for the participants.