

Title	Lead & follow
Duration	30 minutes
Nr of participants	20 participants
Objectives	Investigate the Greek chorus in order to create and direct scenes.
Description	<ol style="list-style-type: none"> 1. The participants are separated into 2 groups, A and B. 2. Both groups stand in a line, standing in front of each other. 3. One person from group A takes a step forward and makes a big gesture/movement, and everyone from their group follows him and imitates the movement twice. 4. Then, a person from group B responds to this initial movement with another one, and their group imitates it twice. 5. These same steps are followed until everyone has had the chance to be the leader in their group.
Origen	This activity comes from the book ' <i>Actor creativo - actriz creativa (manual para conseguirlo)</i> ' by Jesús Jara and Alfredo Mantovani.